

Advanced Center for Oral Surgery & Dental Implants - Dr. Spiro and Dr. Maria Karras

INSTRUCTIONS BEFORE SURGERY AND ANESTHESIA

1. Please bring the referral slip given to you by your dentist. The referral slip is a form of communication between your dentist and our office and clarifies your treatment plan.
2. Please bring your x-rays from your dentist, if appropriate. In some cases, though, especially for wisdom teeth or dental implants, a panoramic x-ray or CT scan will need to be taken in our office.
3. If this is your first visit to our office, please arrive 10-15 minutes early to complete your registration. Please complete our online registration and medical history forms to expedite your first visit.
4. If you are taking any prescription medications, please bring a list of the medication names and dosages. On the day of your appointment, you should take your medication according to your regular schedule unless instructed otherwise.
5. If you have ever had diabetes, rheumatic fever, heart or vascular surgery, joint replacement, or if you are taking anti-coagulant (blood thinning) medication or medication for osteoporosis, please contact our office before the day of your appointment for special instructions.
6. If you are going to be put to sleep (sedation or general anesthesia), please observe the following:
 - a. Do not eat or drink **anything** for 8 hours prior to surgery. However, if you were instructed to take certain medications, please take them at least one hour prior to surgery with a small sip of water.
 - b. Wear loose, comfortable clothing with short sleeves.
 - c. Do not wear contact lenses.
 - d. You **must** be accompanied to the office by a responsible adult driver
 - e. All patients who will be sedated **MUST** have a consultation appointment prior to scheduling surgery.
7. Minor children under the age of 18 must be accompanied by a parent or legal guardian.
8. Ladies, please do not wear any make-up or lipstick.
9. Please remove all earrings, facial, and oral piercings.
10. Please do not wear any necklaces, rings, watches, bracelets or other jewelry.
11. If you are unable to keep your appointment, kindly give 48 hours notice
12. If you have any questions, please feel free to call our office at 847.677.6647